



Town of Barnstable  
**BARNSTABLE RECREATION**



JOHN GLEASON  
*Recreation Director*

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**Barnstable Youth Commission Minutes**  
May 9, 2023 ~ 6:30 P.M. - 7:30 via Zoom

Isabelle Rudy called the meeting to order at 6:30 p.m.

**Notice of Recording**

**Roll Call:**

**Present:** Isabelle Rudy (Chair), Luc-Andre Sader (Vice Chair), Cameron Levesque, Connor O'Reilly, Flynn Kayajan, Jaden Jeffries, Laik O'Reilly, Michaela Stampfl, Maddy Boyle, Megan Garthee, Piper Hunt, Shalanda Grant, Sophie Machaik, George Noonan (Assistant Director Recreation Division), Kipp Diggs (Adult Advisor), Officer Gene Desruisseaux (Barnstable Police Department), Sandra Merritt (Principal Division Assistant)

**Absent:** Alex Arabadzhiev, Eric Arabadzhiev, Mary Steinhilber, Kellie Crawley (Adult Advisor), Officer Brian Morrison

**Minutes:** Laik O'Reilly made a motion to approve the minutes of the April 25, 2023 meeting; Luc-Andre Sader seconded; All in favor; motion passed.

**Public Comment:** None

**Old Business**

**A. Nan Project Presentation- Jake Cavanaugh**

- a. Promotes mental health awareness and suicide prevention to 60-65 communities throughout Massachusetts
- b. A peer to peer program working in conjunction with young adults who have a lived experience and share their stories of struggles with mental health, focusing on where they found hope, where they went to get support and what that support has looked like for them
- c. Ultimate objective is to get youth talking about mental health and provide education surrounding what mental health looks like and what you can do to support another person in your life
- d. Interested in getting the program in the local schools and also do a peer mentor training on the Cape

- e. Youth Commission would like to assist Nan Project in connecting with school administrators
  - o **Mary Steinhilber** will be the contact person for the Youth Commission

**B. Sub-Committees**

- a. Youth Summit - **Luc-Andre Sader**
  - 1. Discussed what will be happening on that day
    - o **Luc** will assign everyone a role
    - o Timeline reviewed
    - o Discussed logistics
  - 2. Vendor Club Fair
    - o **Jayden** will be in charge of the vendor fair
    - o **Connor's** will be in charge of the Barnstable Adult Community Center
- b. Environmental
  - 1. Maura Healey is interested in starting a group for freshman-senior high schoolers interested in climate action and environmental concerns
    - o Anyone interested should reach out to George

***New Business***

- A. State House Trip - **Kipp Digs**
  - a. Discussed dates
    - o Tentatively the middle of June

**Luc-Andre Sader** made a motion to adjourn the meeting; **Piper Hunt** seconded; All in favor; motion passed. Meeting adjourned at 7:50 p.m.

Respectfully submitted,  
Sandra Merritt  
Principal Recreation Division Assistant

**Next Meeting: Tuesday, May23, 2023 6:30 PM via Zoom**

